



Letter of intent

Participation and contribution to the European Week of Sport 2018

1. European Culture and Sport Organization (ECOS-EUROPE) is a network of expert at European level that aims to promote, manage and develop structured EU project based on Sport and Culture as instruments to social and economic develop. ECOS has actively contributed to the development of the European dimension in sport with several initiatives and projects and would like to strengthen its existing commitment through the support for and participation in the European Week of Sport 2019. The intention is that this co-operation will lead to an increased promotion of sport and physical activity, particularly in relation to societal aspects, participation and health.
2. ECOS EUROPE agrees that it is an important time to further strengthen the dialogue between policy makers and the sports sector as European citizens are not active enough. As evidence shows that levels of participation in sport and physical activity in the EU are stagnating and in some Member States even falling, ECOS EUROPE is committed to promoting sport and physical activity at EU level to reverse this trend.
3. ECOS EUROPE supports actions enhancing the quality of life of civil society through projects and activities related to mental health and general individual wellbeing, In the context of this co-operation, ECOS EUROPE agree with the principles set out for the European Week of Sport and will actively support and contribute with their communication platforms and audience reach to the awareness-raising activities and initiatives developed by the European Commission in the context of European Week of Sport. Within this framework, ECOS EUROPE WILL BE A PARTNER IN THE FIELD OF SPORT AND HEALTH, WITH PARTICULAR REFERENCE TO MENTAL HEALTH AND PSYCHOPHYSICAL WELL-BEING, **WITH THE SPECIFIC AIMS TO PROMOTE THE USE OF SPORT AS SPECIFIED AND REGULATED TREATMENT FOR THE PSYCHIATRIC REHABILITATION .**
4. This letter of intent recognises the positive objectives of the collaboration between the European Commission and ECOS-EUROPE Appointed staff within ECOS-EUROPE will therefore, in cooperation with the European Commission, work out further details listed in paragraph 3 to ensure an efficient and effective implementation of the commitments made.
5. The intent for co-operation, as set out in this letter shall be reviewed after the European Week of Sport is completed in 2019 to consider the future direction of the co-operation.

Espoo, Finland, 23 September 2019

EUROPEAN CULTURE AND SPORT ORGANIZATION - ECOS EUROPE

Valerio Di Tommaso, President

Subject: Partnership with European Culture and Sport Organization (ECOS-EUROPE) for the European Week of Sport

Dear Mr Di Tommaso,

In its efforts to develop further the European dimension in sport, the European Commission has launched the European Week of Sport, an initiative to promote participation in sport and physical activity among European citizens. 2019 will mark the fifth edition of the Week. Building on the success of the first editions, the European Week of Sport will continue generating new activities and also building on already existing successful ones.

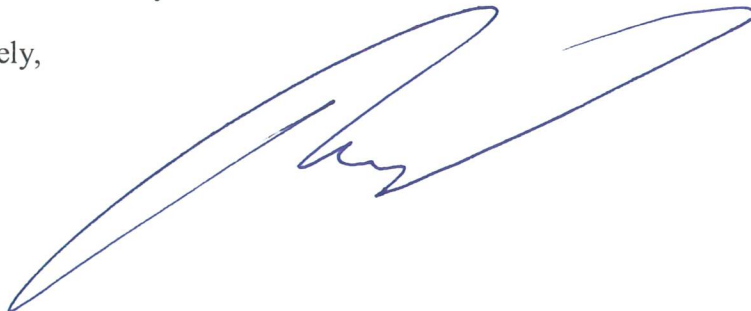
Dialogue and cooperation between policy makers and the sport sector is needed more than ever to counter the challenges linked to citizens' inactivity. Therefore we establish this new platform for everyone who would like to inspire European citizens to #BeActive on a regular basis and to create opportunities in people's everyday lives to exercise more.

European and national events will take place from 23 to 30 September each year and are designed to encourage and facilitate participation. Institutions, the sport movement, civil society organisations, the private sector, grassroots initiatives and individuals should all play a role to come together and inspire people to do more sport and physical activity.

To this regard, I would like to personally thank you for the letter of intent you have recently sent to my services, which shows your commitment to the 2019 European Week of Sport.

In the light of the above, **I have the pleasure to officially welcome ECOS-EUROPE as a partner of the European Week of Sport.** I am confident that this co-operation will lead towards closer promotion of the social role of sport and will help enhance participation in sport and physical activity.

Yours sincerely,



Valerio Di Tommaso
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